



Total Wellness with Toni

***Private, Personal weekly Consultations (30 mins a week is all it takes)**

Weight-loss, Cellular Repair, Metabolic Reboot

No shakes, shots, pills, gels, or gimmicks

You will detox, hydrate & learn healthy habits to last a lifetime!

PM or Text 209.304.6928 to book your FREE 1 Hour Health Assessment

Total Wellness is a holistic approach to weight loss and general well-being through nerve stimulation to promote cellular communication. Frequency Generator + Cellular Patches + Proper diet = Weight Loss, Fast Loss, Increased Hydration & General Health Improvement!!!

We'll meet weekly for 30 minutes.

- You will learn how to best feed YOUR body and break bad habits like sugar.
- I provide an easy to follow work book to track progress.
- You get a weekly body analysis to show your improvement.
- You will get a frequency treatment and new weekly frequency patches while discussing anything you like.

All body functions are led by frequencies & the Ability to control the frequencies helps healing even when other treatments cannot!! Over time, toxins build up and interfere with nerve transmissions causing disruption within your body.

Research shows Vagus Nerve Stimulation (VNS) can help you lose weight.

This most recent study, saw patients consume 30 percent less food as well as a 10 percent weight reduction after just one week of electronically stimulating the Vagus nerve, the long meandering bundle of motor and sensory fibers that links the brain stem to the heart, lungs, and gut.

The Vagus nerve is the longest of our 12 cranial nerves. Only the spinal column is a larger nerve system. About 80 percent of its nerve fibers — or four of its five “lanes” — drive information from the body to the brain. Its fifth lane runs in the opposite direction, shuttling signals from the brain throughout the body. Anchored in the brain stem, the vagus nerve travels through the neck and into the chest, splitting into the left vagus and the right vagus. Each of these roads is composed of tens of thousands of nerve fibers that branch into the heart, lungs, stomach, pancreas and nearly every other organ in the abdomen.

The vagus nerve is responsible for speech, swallowing, keeping the larynx open for breathing, slowing heart rate, monitoring and initiating digestive processes, and modulating inflammation, among other actions. It arises from the medulla in the brain and passes through the skull down within the chest cavity where it branches off in multiple directions to innervate organs and muscles. The vagus nerve is the main line of communication between the brain and the energy-producing digestive tract.

It also relays information to the brain from what is known as the Enteric Nervous System (ENS). This is called the gut-brain axis. The ENS is sometimes thought of as our “second brain” for the

way it controls the digestive process. Just like the brain, the ENS is made up of over 500 million neurons that surround the digestive tract.

Bio Energy Cellular Patches work with bio-frequency signals. Once applied, they emit specific bio-frequencies which vibrate at a designated combination. This connection from the patch to the body is made through the nervous system and the seven layers of bio energy the body naturally produces, via sympathetic resonance. It is designed to interact with the energy of the human body to balance cellular communication for a specific therapy that is infused into each Bio Energy Patch. Just like a battery holds a charge, Bio Energy Cellular Patches hold a charge of bio-frequencies. Our body's ability to use the patch's energy to reprogram and create the balance is unique to the mechanism of the patch, but is a natural function of bio energy.

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